

## Preventive Care Medications

# Advantage Prescription Drug List (PDL)<sup>1,2</sup> \$0 Cost-share Medications & Products

### U.S. Preventive Services Task Force A & B Recommendation Over-The-Counter (OTC) Medications and Supplements

These medications are available over-the-counter (OTC) and will be covered at \$0 cost-share when:

- ▶ Prescribed by a health care professional
- ▶ Age and/or gender appropriate
- ▶ Filled at a network pharmacy

All brands are covered by the pharmacy benefit.

Medication/Supplement	Gender	Age	Reason
Aspirin - 81, 162 & 325 mg	Both	Men age 45-79 Women age 55-79	Prevent cardiovascular disease
Fluoride tablets, solution (not toothpaste, rinses)	Both	Children age 0-6 years	Prevent dental cavities if the water source is deficient in fluoride
Folic acid 400 & 800 mcg	Women	Childbearing age	Prevent birth defects
Iron liquid supplement	Both	Children age 0-1 year	Prevent anemia due to iron deficiency
Vitamin D - 400 & 1,000 units	Both	Age 65 and over	Fall risk prevention

### Over-the-Counter (OTC) Contraceptives for Women

These contraceptives are available over-the-counter (OTC) and will be covered at \$0 cost-share when:

- ▶ Prescribed by a health care professional
- ▶ Filled at a network pharmacy

Male contraceptives are not covered under the Patient Protection and Affordable Care Act (PPACA).

Contraceptive films
Contraceptive foams
Contraceptive gels
Emergency contraceptives (Next Choice, Next Choice One-Step, Plan B One-Step)
Female condoms

## Prescription Hormonal Contraceptives

<b>Brand Hormonal Contraceptives</b>
Micronor
Natazia
Ortho-Cyclen
Ortho-Novum 7/7/7
Ortho Tri-Cyclen
Yasmin
<b>Generic Hormonal Contraceptives</b>
Altavera, Chateal, Kurvelo, Levora-28, Marlissa, Portia (generic Nordette)
Alyacen, Cyclafem, Dasetta, Necon 1/35, Nortrel 1/35 (generic Ortho-Novum 1/35)
Apri, Emoquette, Reclipsen (generic Desogen, Ortho-Cept)
Aranelle, Leena (generic Tri-Norinyl)
Aviane, Falmina, Lessina, Lutera, Orsythia, Sronyx (generic Alesse)
Caziant, Velivet (generic Cyclessa)
Cryselle, Elinest, Low-Ogestrel (generic Lo/Ovral)
Enpresse, Levonest, Myzilra, Trivora-28 (generic Triphasil)
Gildess FE, Junel FE, Microgestin FE (generic Loestrin FE)
Kelnor 1/35, Zovia-1/35E (generic Demulen 1/35)
medroxyprogesterone acetate (generic Depo-Provera)
Necon 0.5/35, Nortrel 0.5/35, Wera (generic Brevicon, Modicon)
Necon 1/50 (generic Norinyl 1/50)
Necon 10/11 (generic Ortho Novum 10/11)
Zovia-1/50E (generic Demulen 1/50)

## Prescription Emergency Contraceptives

<b>Brand Emergency Contraceptives</b>
ella
Plan B One-Step
<b>Generic Emergency Contraceptives</b>
Levonorgestrel, Next Choice (generic Plan B)

## Prescription Diaphragms

<b>Brand Diaphragms</b>
Femcap
Ortho All-Flex
Ortho-Diaphragm

<sup>1</sup>. Please note this list is subject to change.

<sup>2</sup>. Always refer to your benefit plan materials to determine your coverage for medications and cost share. Some medications listed on the PDL may not be covered under your specific benefit. Where differences are noted, the benefit plan documents will govern.

## Health Care Reform: Pharmacy Benefit Preventive Care Medications Coverage

# Frequently Asked Questions

Under the health reform law, health plans must cover U.S. Preventive Services Task Force A & B Recommendation OTC medications and FDA-approved prescription and Over-The-Counter (OTC) contraceptives for women at 100 percent without charging a copayment, coinsurance or deductible when:

- ▶ Prescribed by a health care professional
- ▶ Age- and gender-appropriate
- ▶ Filled at a network pharmacy

To comply with this new law which was clarified further by the U.S. Dept. of Labor on February 20, 2013, we are offering this updated list of no-cost Preventive Care Medications.

### When did the new law take effect?

- ▶ The list of **prescription contraceptives** became available at \$0 cost-share upon your plan's last renewal date after August 1, 2012. For most plans, this was January 1, 2013. For some plans, the coverage took effect later in 2013. If you have questions, ask your HR representative for the start date of your coverage, or refer to your plan documents for your specific coverage.
- ▶ The list of **U.S. Preventive Services Task Force A&B Recommendation OTC medications and OTC contraceptives** on this Preventive Care Medications list will be available for \$0 cost-share at network pharmacies beginning November 1, 2013 for most plans.

Please note, in order to obtain coverage, these medications and supplements also require a prescription from a health care professional and must be age-and gender-appropriate.

### Which Preventive Care Medications are available at no cost?

**A list of Preventive Care Medications can be found on page 1 and 2 of this document** so you can discuss them with your doctor. You can also login to [www.uhcsr.com](http://www.uhcsr.com) or call the number on your health ID card to confirm the most current list of Preventive Care Medications for your plan.

### Will this drug list change?

Drug lists can and do change, so it's always good to check. You can learn the cost of all products and no cost options by:

- ▶ Logging in to [www.uhcsr.com](http://www.uhcsr.com), and log in "To My Account"
- ▶ Calling the number on the back of your health ID card.

### Are all birth control products going to be available at no cost to me?

No, only the products on the list applicable to your plan will be no cost under the pharmacy benefit. The health reform law allows plans to use reasonable medical management to decide which contraceptive products will be provided at no cost-share.

If you choose a no cost product from the list applicable to your plan, your cost at the pharmacy will be \$0. If you choose a covered birth control product that is not on the list, a copay or co-insurance may be required. And this cost will apply to your deductible if you have one.

### What if I have a high-deductible or consumer-driven health (CDH) plan?

The same no cost options on the list applicable to your plan will be available to you if you are in one of these plans. If you fill a prescription for covered birth control products not on your plan's no cost drug list, you will need to pay the full cost, until your pharmacy plan deductible is reached.

## **Are the no cost Preventive Care Medications available at both retail and mail pharmacies?**

**Prescription contraceptives** will continue to be available at both network retail pharmacies and the mail order pharmacy for plans with a mail order benefit.

### **U.S. Preventive Services Task Force A & B**

**Recommendation OTC medications and OTC contraceptives** will be available at network retail pharmacies beginning November 1, 2013 and at the mail order pharmacy beginning January 1, 2013.

## **What if the health care reform law requirements for Preventive Care Medication coverage change?**

If the law requiring plans to provide Preventive Care Medications at no cost changes, information on how your costs may be impacted will be available to you by:

- ▶ Logging in to [www.uhcsr.com](http://www.uhcsr.com), and log in “To My Account”
- ▶ Calling the number on the back of your health ID card.

## **What if my plan has a religious exemption for covering contraceptives?**

Some plans may not have coverage for contraceptives if your school or university qualifies for a religious exemption. However, you will still have coverage without cost-share of the U.S. Preventive Services Task Force A & B Recommendation OTC medications listed on the Preventive Care Medications list (such as aspirin and Vitamin D).



## **Still have questions?**

Login to [www.uhcsr.com](http://www.uhcsr.com) and log in “To My Account” or call the number on the back of your health ID card.

